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Sample Backpacking Checklist

Backpack	Gloves	Freezer Bags
Tent, Tent Stakes,	Matches	Bowl
Tie Down Lines	Carabineers	Pan w/ lid
Stove	Fire Starters	Pillowcase
Sleeping Bag	Whistle, Thermometer,	Rain Pants
Sleeping pad	Compass, Key Chain	Warm up pants
Cup	Moist Towelettes	Gatorade Powder
Coffee Maker	Stove Shield	Water
Food, Snacks	Mirror (signaling)	Shovel
Hiking Shoes	Biodeg. Toilet Paper	Dental Floss
Camp Shoes	Sunglasses	Toothbrush
Hiking Poles	Itinerary With Someone	Clothesline
Fuel	Map (Waterproof Topo)	Trash Compactor Bag
Water Filter	Hat	Bug Spray
Rain Jacket	Fishing Pole / Gear	Bandanna
Poncho	Sock Liners	Comb, Brush
Knife	Undergarments	Lib Balm w/Sunscreen
Pepper Spray	Long Underwear	ID
Nalgene Bottle	Wicking Shirts	Permits – Camping,
2 Fleece Tops	Drinking hose	Fishing, Hunting
G. P. S.	Moisturizing hand lotion	Money
Compression Sacks	Hand sanitizing lotion	Pencil, Paper
Convert. Quick Dry Pant	Warm Hat	Safety Pins
Flashlights	Water Bladders	Duct Tape
Batteries	Fork, Spoon	Travel toothpaste
Water Treatment Tabs	Can Opener	Non-Cotton Socks
First Aid Kit	Zip Locking Ties	Ground Cloth / Tarp
Compass	Watch	Pot Scrubber
Biodegradable Soap	Sewing / Repair Kit	Lighter (mini)
2-way Radios	Camera - Film – Tripod	Swimming Suit
Sunscreen	Camp Towel	Trash Bags / Ties
Multi Tool	Belt (waterproof)	Watch (waterproof)

NOTES: